



Hags on Nags March 2010 Newsletter

Looking Back.....

Horse Emergencies: Being Prepared During Disaster Situations

There are at least 10 HONs who are likely to know a little more about how to handle an equine emergency, thanks to a seminar in Madison on February 20. Presenter Eric Thompson provided a basic awareness of large animal rescue techniques. We learned that a bra makes a great blindfold for a horse. A life preserver can serve to protect a horse's head in an emergency. Spray painting your phone number on a horse's back and leaving them outside might be a good idea if a tornado is threatening! Pulling on a horse the wrong way can break a neck or pull off a tail! We learned how the "WalMart Equine Center" can provide materials that might save a horse's life and what basic equipment you should carry with you. Thanks to Rhonda C for making arrangements for us! It was a very informative day and always fun when you are with fellow HONs!



An Afternoon at "The Farm" with Tracy Porter

On Sunday, February 28th, dozens of HONs showed up at The Farm, Milton, WI, for an informative demo by Tracy Porter. We watched as Tracy worked her magic and transformed Donna's horse, Cody, from skittish to confident. Confident enough to even go through fire!! Tracy worked Cody in the round pen, sacking him out and exposing him to many obstacles. Cody wasn't always real willing, but Tracy stuck with him and worked him through it. The best part of all was watching the "before" and "after" Donna. It was truly amazing to see Donna canter gently through that fire ring!

In keeping with tradition, we enjoyed a fabulous potluck. The motto "Ride a Little, Eat a Lot" was never more true! Thanks to Tracy for sharing her skills and knowledge, to Shirley May for her hospitality, to Karen for setting everything up and to everyone who participated!



Pink Ribbon Ride for the Cure: Update Feb 21 Meeting By Amy J, Pink Ribbon 2010 Chairmare

Thank you to all the fine women that showed up at our first Pink Ribbon Ride for the Cure planning meeting of 2010!

We had a very good turnout of members and really covered some ground in our planning. We would also like to thank the Southern Kettle Moraine State Forest Headquarters for donating the use of their meeting room to our cause.



First, we heard from three wonderful representatives from Breast Cancer Recovery: Claire Bitner, Development Assistant, shared some history and information on what the organization is about; Judi Janowski, program director, told us more about BCR's main program, Infinite Boundaries Retreats; and board member Linda Ackerman told us about her experiences volunteering with the group and how it as affected her life. The ladies answered many questions about their organization and have offered to help

us in any way possible with our event, including helping out the day of the ride selling T-shirts, serving food, etc. To learn more about Breast Cancer Recovery, visit their website at: <http://www.BCRecovery.org>

Following the BCR presentation, we focused on the different areas of the ride that needed leadership positions. We are proud to announce these great members who stepped up to the plate:

Food - Bridgette Bender

The menu and planning of food will be very similar to last year's event, with some items such as chili, hot chocolate, etc being options that will depend quite a bit on the weather the day of the ride

Registration - DeDe Nelson

DeDe has some plans to make registration and check in run more smoothly this year! Separate tables for pre-registered and walk ins, pre-packaged T-shirts and forms for the pre-registered folks, etc



Advertising - Donna Meyer & Kris Anich

Donna and Kris are working on an updated flier to have ready for us to distribute at Midwest Horse Fair, and Donna will begin working on getting out advertisements to local papers and online publications. If you know of a good outlet for advertising our event, please let Donna know, or be sure to forward our information to them when the fliers/advertisements are available.

Entertainment - Deana Zentner

Deana already has quite a few ideas on her plate, everything from a return of the Kettle Moraine Rough Riders, to Icelandic Horse demos, to horses that paint for a living and Wild West Reenactors! Anyone with more ideas for entertainment the day of the ride, please forward the information to Deana.

Auction & Raffle - Amy Janecek

There were quite a few ideas thrown around for this year's donated item auction.. silent vs live, one single auction vs multiple throughout the day are just a few. Depending on how early in the year we get bigger-ticket items for the raffle, we will either do pre-printed tickets to sell ahead of time or sell tickets the day of. If you have any ideas or items to donate, please contact Amy.

Parking, Trails and Camping

These areas do not have designated "leaders" yet, but will need to be filled closer to the event. These leaders will need to partner heavily with Al and Cindy of Kettle Moraine Ranch, and details can be worked out when the weather is nicer and we can get on site to better plan and prepare.

Amy and Sue have been throwing around some ideas for **keepsake items** to be given to riders at the event. Sue brought along some sample Bridle Charms, along with last year's Pink Ribbon Concho pin. Amy brought a few of the stamped leather saddle charms. If you have some other ideas, please let us know!



The official Pink Ribbon Ride for the Cure **website** is up and running! If you haven't checked it out yet, visit it [HERE](#) or follow the link on the Hags on Nags home page. This is where you will be able to find all the forms, letters and other documentation to make donations, register for the ride and all sorts of other fun stuff. The site is being updated regularly, so check back often!

We also had some of the pink **Ride for the Cure shirts** for sale and on display, in a few different styles. Contact Sandy Rogers if you are interested in purchasing any. Thank you to our beautiful model for her help!

The next Pink Ribbon Ride for the Cure planning meeting will be on April 10th, still finalizing the location.

Again, I would like to thank all of you for your time and efforts in making this event a success, both last year and this year!



Remember though, we can only succeed with your help, so get the word out, get those donations rolling in and lets make this year even better than last year!

Looking Ahead.....

Coggins Clinic: Milton

By getting together with other horse owners, we can get digital Coggins tests done at a reduced cost and without a farm call. Vaccinations are also available that day at a reduce cost. Dr. Dean Peterson will be doing a Milton clinic for us at **Cindy A's farm on March 20th at 10:00 a.m.** The reduced cost services are provided on a cash only basis. Since a minimum of 12 horses is needed to qualify for the reduced prices, it is important to contact Cindy soon if you are interested. This year the JAMC is offering online access to your horse's Coggins test and health certificates. Simply supply your email address at the time your horse's Coggins is done, and you can set up your account on MyVetLink.com. From there you can download, print and save your horse's Coggins and health certificates. Sounds handy! The digital Coggins test is \$25 on clinic day. Check our website calendar information for a link to vaccination prices. **CONTACT CINDY** rockinbac@centurytel.net **ASAP if you plan to participate!**



Spring Break in Missouri

Many of you of you know Mary Ann B and have ridden with her during the summer months. Now is your chance to visit her at her Missouri home and enjoy some great riding opportunities!

When: The week of March 28

Where: MaryAnn Bellmore's at Golden Hills - Raymondville, MO

Who: email Jasper4804@gmail if you are interested

Why: Why not?

Sue is hoping to organize a convoy for this one. If you are interested in the trip, Sue will contact you about some dates for a "meeting." Or, if schedules vary, just meet up in Missouri.

Sue has ridden about a hour south of Raymondville....and says it is perfectly gorgeous. The grass is green, the red buds are in bloom as are some of the dogwoods but the rest of the flora still thinks it's winter. Golden Hills is a privately owned 5,000 acre parcel with their own trails ranging from "Easy" to "Challenging" - not too rough for the critters, like mine, who have gotten soft over the winter. They have a website (and a booth at Midwest) if you want more information. The best thing? The trails are open in March!!! (And the camping is virtually "free" so you can afford the gas!!) Contact Sue N. if you have questions or are interested in going!

With Riding Season Now In Sight, Pauline Shares:

Here are some RIDING RULES for Old Horse Women:

1. *We DO NOT need to show up with our hair combed, make up on and wearing a clean shirt.*
2. *Moaning, groaning and complaining about aching muscles is perfectly acceptable, as is taking Motrin (or something stronger) prior to a ride.*
3. *Helping someone on or off the horse does not mean the rider is an invalid. It only means the horse got taller overnight.*
4. *No one will comment about how big someone's butt looks in a saddle.*
5. *Everyone will wait, patiently, while someone dismounts and adjusts equipment. Everyone will also wait, patiently, until that person remounts and is ready to move on...no matter how long that takes.*
6. *When a horse is acting up we will accept that the horse is just having a bad hair day and it is not the rider's fault.*
7. *Mentioning it is too hot, too dry, too humid, too wet, too buggy, etc., is considered self expression, not whining.*
8. *Wanting to be first, last, walk, or just stop does not mean the rider is a wimp. Sometimes it is necessary to teach a horse who is in charge.*
9. *We will take the time to discuss the important issues of the day like who is dating who, who is cheating on who and any other relevant information which needs to be passed on.*
10. *We will acknowledge that horses are very strange animals and sometimes for no reason at all we fall off of them. If this happens to any rider the other riders will ascertain that the person is okay and then not mention the incident to another living soul, especially husbands and significant others.*
11. *We will acknowledge, without apology, that riding more than 6 hours increases our grumpy level far more than any ego benefits we may get from riding longer.*
12. *Our horses are not fat they are "big boned".*
13. *I need to keep this TWH riding mysterious and strange sounding. If everyone else finds out how much fun it is the price of the horses will go up and I won't be able to afford a dozen of them.*

(author unknown)



News from Our Members

HAVE YOU NOTICED SOME CHANGES TO OUR WEBSITE LATELY?! A big thanks to Kris for updating some features like the photo page. Check it out!

***** From **Joanne A**

For the **June 11-13 ride in the Northern Kettle Moraine**: if you want to go but don't/won't camp, and want to be comfortable - there is a Bed & Breakfast called Kettlebrook Farm in New Prospect (less than 1/2 mile down

the road from the Horserider's Camp road). In addition to a scrumptious breakfast, you can also board your horse overnight or for the weekend. This is adjacent to the main Kettle Moraine trail. If you are interested in making a reservation or simply getting more information call Alice at: 920-533-5387. My riding partner and I will be staying there for the weekend as this is where we board our horses. Fee free to contact me if you have any questions.

***** From **Amy J** and **Sandy Rb**

Here's a reminder for everyone about the **Northern Kettle Ride, June 11-13th**. Campsites are starting to fill up already, so people should get their reservations in if they have not yet done so. I am in site #22, Sandy is in site #20. Sandy will be bringing Twist and knows the trails there quite well, so people who don't want to ride with gaited horses (I'm actually not sure yet which horse I will be bringing) will have a "QH type" group to ride with :) The reservation website for the N.Kettle is a bit hard to navigate compared to the other Reserve America websites unfortunately, so its best to just go to this link to find the park, then enter the date range. The horse campground is "New Prospect":

http://wisconsinstateparks.reserveamerica.com/camping/Kettle_Moraine_Sf_Northern_3/r/campsiteCalendar.do?page=calendar&search=site&contractCode=WI&parkId=60073&topTabIndex=CampingSpot

Campground map:

<http://www.dnr.state.wi.us/org/land/parks/specific/kmn/PDFs/kmnhorsecampmap.pdf>

Trail map:

<http://www.dnr.state.wi.us/org/land/parks/specific/kmn/PDFs/kmnhorsetrailmap.pdf>

The website does now say that every campsite has a corral on site.. think this is NOT true, but even if someone doesn't have a portable pen they do have the 24 stall horse barn on site. You can look at the campground map I linked above to see which ones do have the corrals. Please consider making reservations now!

***** From **JoAnn S**

Just wanted to let you know, because you put the word out there about my Standardbred who was diagnosed with cancer, I got tons of kind words and wonderful advice. One particular HON, Dr. Laura Knipfer, went above and beyond in her efforts to help me make a decision as far as effective treatment.

Because hemangiomas are rare in horses, there is not much information out there, and the information that is available offers little hope for a promising outcome. Most vets felt that the prognosis would be poor with any intervention. The adoption agency where my mare came from advised me not to put her through surgery.

Fortunately, HON Laura Knipfer was the only veterinarian who actually gave me hope. She was quick to respond and so patient with my millions of questions. She put me in contact with a top pathologist who re-read the original pathology report and recommended I have the tumor removed.

I'm happy to report that my vet was able to completely remove the tumor and the second pathology report post-surgery showed no evidence of cancer. My mare is still healing, but should be ready to ride by May. Looking forward to seeing you again this summer!

***** On a much sadder note from **Audrey**



CHERRY SIHARA
JUNE 8, 1983 - FEBRUARY 14, 2010
MAY YOU RUN FREE AND REST IN PEACE

To all who don't know, I lost my soul mate Cherry to colic on Sunday night, she will be sadly missed and always loved. She and I had a bond that can never be replaced or duplicated. My heart breaks, and it does not seem real, I feel that she should be there every time I walk out to the pasture or to her stall. I laid her to rest this morning with the sun shining and the birds chirping, along side her sister Brandy that I lost 6 months ago, they will be together forever, they had such a beautiful sister bond. Poor Chilly my baby that that we bought a few months ago had such a strong bond with Cherry, maybe she was like his surrogate Mom or something, but he loved her so, and was next to her side all day Sunday as we walked her and cared for her, nibbling, kissing and loving her, at one point he even took her lead rope and was trying to help walk her. I hope in the short time the knew each other that she was grooming him for me and if he can be even half the horse she was he will be an awesome steed. He keeps searching for her and nickering and it just breaks my heart even more. God bless my dear Cherry I will meet you again someday at that beautiful rainbow bridge.

*****From **Audrey**

I would like to thank each and everyone one of you for your heart felt messages and cards, it meant the world to me and helped so much. I cried reading every single one of them. I have lost a horse before, in fact just 6 months ago when Cherry's sister Brandy passed away and that hurt, as we loved her too. But with Cherry it was my soul mate that left, I connected with her from the first day I got her, she owned my heart and took a large part of it with her. Thanks all of you again, you guys are the best group of women in the world and I am so proud to be a part of this group and call you friends. Love and best wishes to you all.

***** Off to warmer climates are **Donna** and **Audrey**. Donna will soon be heading to Arizona to visit her daughter and Audrey will be off to Texas for work. Hope you enjoy the warm weather and have fun!

***** As for me, I'll be heading back to the hospital for a knee replacement. Please keep me in your thoughts and prayers! I want to ride!!!!

March Birthdays

- March 2 Joan B
- March 9 Babs H and Wendy L
- March 11 Linda S
- March 14 Kelly W
- March 17 Cathy B
- March 18 Susan E and Terry S
- March 26 Diane F and Marcia H
- March 30 Cathy N



Happy Trails, Sandy

